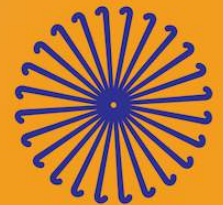


HOCKEY INDIA CELEBRATES 72ND

# OLYMPIC DAY

#OlympicDay2020



HOCKEY INDIA

# Newsletter

VOLUME - 49

OLYMPIC DAY SPECIAL EDITION

#IndiKaGame





## LIST OF MEMBER UNITS THAT CELEBRATED THE 72ND OLYMPIC DAY

Assam Hockey

Canara Bank

Citizen Hockey XI

Goans Hockey

Hockey Bengal

Hockey Coorg

Hockey Himachal

Hockey Karnataka

Hockey Maharashtra

Hockey Rajasthan

Hubli Hockey Academy (Regd.)

Le Puducherry Hockey

Manipur Hockey

Naval Tata Hockey Academy - Odisha

RV Academy

Uttar Pradesh Hockey

Bengaluru Hockey Association

Cdr Nandy Singh Academy

Delhi Hockey

Hockey Andhra Pradesh

Hockey Bihar

Hockey Gujarat

Hockey Jammu & Kashmir

Hockey Madhya Bharat

Hockey Mizoram

Hockey Unit of Tamil Nadu

Kerala Hockey

Madhya Pradesh Hockey Academy

Mata Sahib Kaur Hockey Academy Jarkhar-Ludhiana

Olympian Vivek Singh Hockey Academy

SDT Hockey Nilgiris Academy

Bhai Behlo Hockey Academy

Chhattisgarh Hockey

Dhyan Chand Hockey Academy

Hockey Arunachal

Hockey Chandigarh

Hockey Haryana

Hockey Jharkhand

Hockey Madhya Pradesh

Hockey Punjab

Hockey Uttarakhand

Khalsa Hockey Academy

Malwa Hockey Academy Hanumangarh

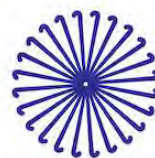
Mumbai School Sports Association

Raja Karan Hockey Academy

Telangana Hockey

\*As on Date 23rd June 2020





HOCKEY INDIA



**Mr. Rajinder Singh**  
Secretary General, Hockey India

## MESSAGE FROM - SECRETARY GENERAL

Namaste,

On the occasion of the 72<sup>nd</sup> Olympic Day, I am extremely pleased and delighted that Hockey India and its Member Units did not let the pandemic hamper the celebrations, and all of us innovated and created ways to spread the much important Olympic values. The Olympic Day Celebration is a great way of strengthening the link that children and young adults already have with sport and it provides a great opportunity for people to get their first experience of the sporting culture which practices no caste, no creed, no economic or gender bias. Sport is a level playing field and Olympic Day Celebration aims to promote fitness, well-being, culture and education while also observing values of excellence, friendship and respect. It was indeed overwhelming to see various Hockey India Member Units commemorate the Olympic Day Celebrations digitally while being creative and innovative in their approach and also taking all necessary precautions to ensure social distancing and healthy living. I believe the theme for this year's Olympic Day emphasized on maintaining our physical and mental well-being and staying indoors.

On behalf of Hockey India, I send our warmest regards and gratitude to all our Member Units for promoting Olympic Day 2020 Celebrations with engaging initiatives even though we all are witnessing unprecedented tough times!



## Hockey India Goes Digital with Olympic Day 2020 Celebrations

With this year's Olympic Day being held under unprecedented circumstances, Hockey India celebrated the 72nd Olympic Day digitally with its Member Units showcasing Olympic values among children, players, coaches and administrative staff, by taking part in various activities in the week leading up to the Olympic Day 2020, while ensuring social distancing and following all safety guidelines prescribed by the Government of India and their respective States.

Hockey India's Member Units marked this special Olympic Day with activities that spread the message of spirit of sportsmanship and unity through hockey-focused activities including quizzes, wellness programs, art and craft competitions, write-ups and essays on Olympic Day and Olympic values, along with spreading awareness on the importance of healthy living, staying indoors and staying fit. Through various events planned throughout the week leading up to Olympic Day, it was Hockey India's ambition to strengthen the link that children, young people and adults have with the sport, and through these activities it brought together people from different walks of life, different age groups, without

any gender and physical biases, to provide an opportunity to reminisce their favourite Olympic moments and promote the most important Olympic values.

Olympic Day was first introduced in 1948 to commemorate the birth of the modern Olympic Games on 23 June 1894 at the Sorbonne in Paris. The goal was to promote participation in sport across the globe regardless of age, gender or athletic ability. Marking the 72nd Olympic Day, Hockey India through various activities endorsed International Olympic Committee's campaign and themes of #StayStrong, #StayHealthy and #StayActive in these trying circumstances for everyone. These three themes emphasized on mental and emotional well-being, making sure to promote a healthy way of living and staying closely connected to their favourite sport - hockey.

The hockey community from across the country was united in sending their entries to Hockey India in the form of pictures and videos. A total of 46 Hockey India Member Units took part in the activities which also included webinars, making fitness videos, drawing, arts and participation through social media platforms.

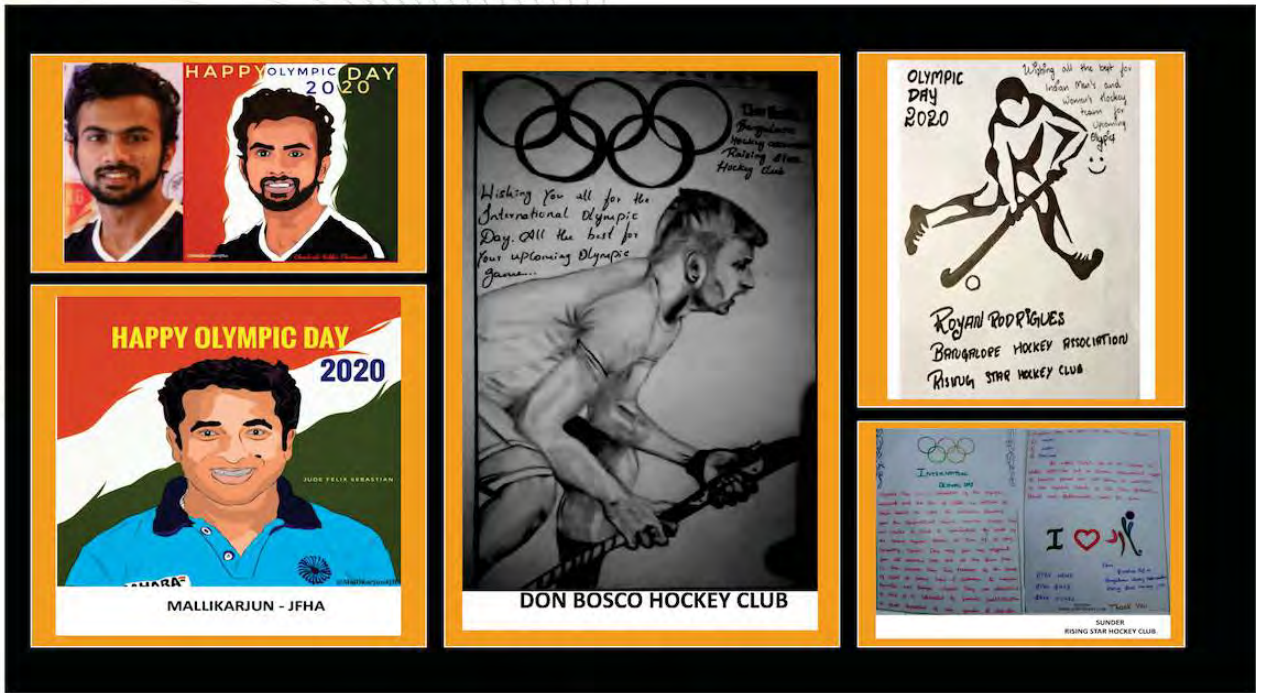




Assam Hockey's Olympic Day Celebrations included conducting art and craft competition for their eager participants, who drew, painted and created fine Olympic moments along with their favorite hockey stars. A quiz competition especially on Olympic Games and its values was also conducted by the Member Unit.







Players from the Bengaluru Hockey Association took part in the Olympic Day Celebrations by showing great enthusiasm for participation in various activities including art and craft competitions, quiz competition, work out from home videos and essay-writing competitions to mark the special day.







Bhai Behlo Hockey Academy from Bhagta conducted a skill video competition for its members, while also organizing competitions for art and craft and essay writing which led to young students recreating special moments through their art and paintings.







**International Olympic Day**  
23rd June

Canara Bank celebrated the Olympic Day and the Olympic values through a digital movement which saw former Indian International Nikkin Thimmaiah talk about the Olympic movement and the importance of inculcating those values in our daily lives as well. The video was also shared on their YouTube channel and social media platforms.



**International Olympic Day**  
23rd June

#StayFitStayStrong



On this **International Olympic Day**, we ask our Olympian his experience of participation in Olympics



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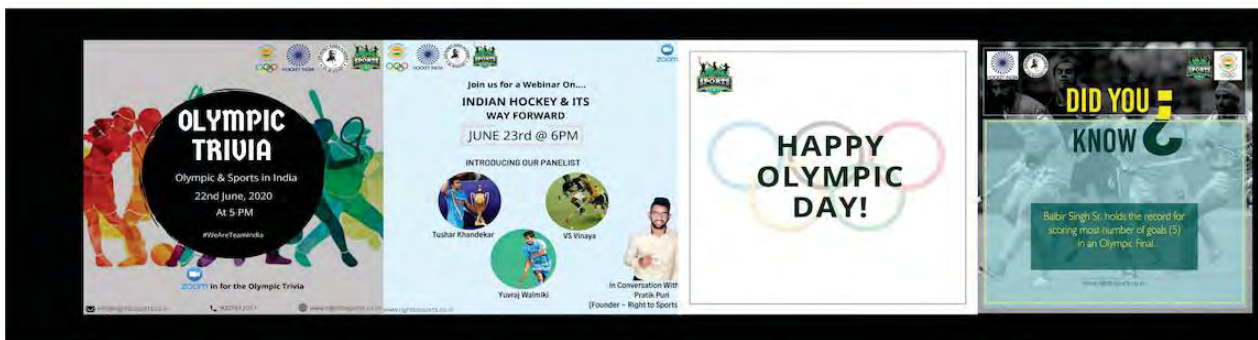
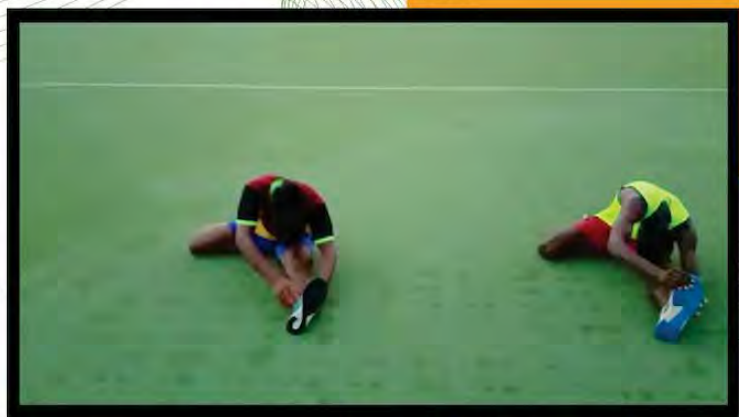
NIKKIN THIMMAIAH  
Officer, Canara Bank  
Olympic & International Hockey Player

14



The Cdr Nandy Singh Academy celebrated Olympic Day by promoting the celebrations on their social media platforms, and posting content about the Olympic values and their importance, and also

encouraging the theme of staying home, staying fit and staying active. They also indulged in a webinar talking about Indian Sports & way forward along with hockey trivia quizzes.





# CHHATTISGARH HOCKEY

Chhattisgarh Hockey's active and innovative involvement in the Olympic Day Celebrations saw them organize a quiz competition for their young athletes, while also encouraging the young sportspersons to take part in making videos which featured them trying out different hockey skills and practicing different work outs and exercises from the comfort and safety of their homes.





Olympic Day at the Citizen Hockey XI was celebrated by conducting an art competition for their young and bright hockey players who seemed to enjoy the momentous occasion.



# CITIZEN HOCKEY XI

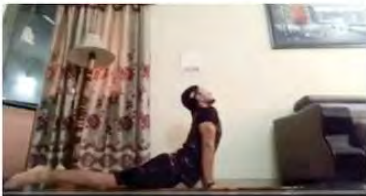


# DELHI HOCKEY



Delhi Hockey encouraged healthy living by also celebrating International Yoga Day along with Olympic Day as their young athletes were seen doing yoga,

fitness drills and hockey skills at their respective homes.







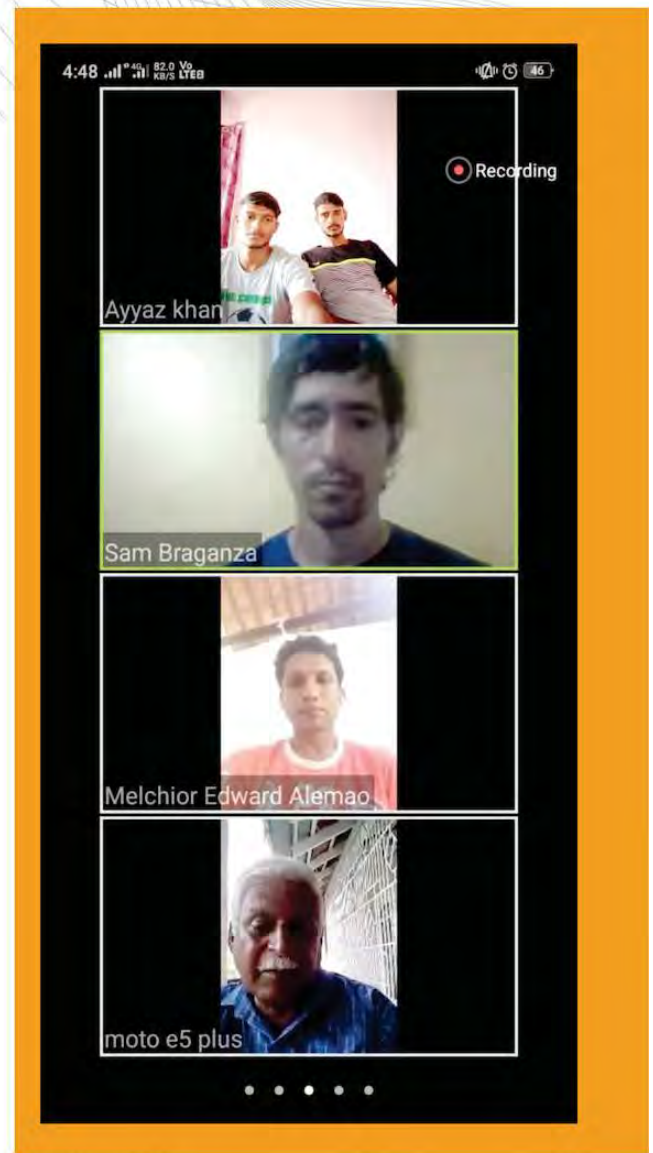
The Dhyan Chand Hockey Academy from Kadappa, Andhra Pradesh completed a very informative and detailed quiz competition and art & craft competition on the Olympic Games, to mark the special occasion of Olympic Day.





An one-hour web talk was held on Olympic Day by Goans Hockey which talked about how sports has enabled athletes to learn various life skills which have helped them in handling stress during a pandemic like COVID-19 and will also help them in returning stronger post lockdown.

The participants of Goans Hockey showed us their innovative way by participating in a webinar, home workout sessions and digital quizzes.







Hockey Andhra Pradesh's excitement was over the moon as they organized a very intriguing quiz competition for their participating athletes and young students on the topic of the Olympics. Along with that, the Member Unit was also involved in organization of an art and craft competition for its jubilant participants along with work out from home video series.



Felicitation to the NHA player miss. K. Deepa by the chief guests





# HOCKEY ARUNACHAL

Hockey Arunachal's stand-out activity was conducting an extempore competition for its young and bright students who spoke on Olympic Day and the legendary hockey Olympians who have brought glory to the country. A quiz competition, along with essay and poem writing competitions were also conducted by the Member Unit.







Hockey Bengal motivated and encouraged its young hockey players and students at school level to take part in the Olympic Day Celebrations by organizing an art and craft competition where the participants drew their favorite moments and pictures. Zealous students were also seen participating in submitting detailed write-ups on

Olympic Day, and performing various hockey drills and skills to bag the prizes. President and General Secretary of Hockey Bengal also visited and honoured Double Olympic Gold Medalist (1948 & 1952) Shri. Keshav Dutt at his residence in Kolkata on the occasion of Olympic Day 2020.



Olympic Day Celebrations at Hockey Bihar saw an overwhelming response from the participating athletes, coaches and administrative staff as they organized an interesting quiz competition for both Men and Women, while also cutting a cake to mark the occasion.





# HOCKEY CHANDIGARH



Hockey Chandigarh's Olympic Day Celebrations observed a two-minute silence in the

memory of late Padamashri Balbir Singh Sr. This was followed by participants taking part in a competition which saw them take on imitating various hockey skills and drills. The young and bright athletes were also seen making workout videos to promote a healthy lifestyle and to embrace the theme of Staying Fit and Active.







Lively Olympic Day Celebrations at Hockey Coorg saw young athletes, coaches and staff take part in hockey skills and workout series from their homes, to ensure proper following of guidelines prescribed by the authorities. Hockey Coorg also conducted art & craft, quiz and competitions on Olympic Day write ups.







Hockey Gujarat's Olympic Day Celebrations saw a drawing and art competition which was organized for young students who drew their favorite Olympic memories.





# HOCKEY HARYANA

An overwhelming number of participants took part in Hockey Haryana's quiz competition which included 60 people including players, officials, sports generalists and coaches.



The Member Unit's activity was more than a competition and turned into a knowledge sharing platform which enabled participants to gain information about Olympic Day, the sport and its legendary players. Art and craft competition along with athletes showcasing hockey skills were also sent across as the Member Unit thanked Hockey India for taking the initiative.







Olympic Day was celebrated in various parts of Himachal Pradesh by Hockey Himachal. To mark this occasion various events of Hockey Drills, Fitness and workout events, Half Marathon, Races and theory based knowledge sharing sessions on Olympics, were organised.



# HOCKEY JAMMU & KASHMIR



Hockey Jammu & Kashmir went all-digital with their Olympic Day Celebrations as they posted and shared videos of young and avid hockey players taking part in various hockey skills' display to mark the glorious occasion.







Hockey Jharkhand's Olympic Day Celebrations included organizing of a quiz competition along with essay writing and painting competitions for young students and athletes around the state.





# HOCKEY KARNATAKA



Another glorious Olympic Day Celebration was organized by Hockey Karnataka who encouraged their athletes, coaches and members to work out from home to ensure their fitness and healthy living, and also had athletes send in videos of them performing hockey skills from their homes. Art and craft competitions, along with an essay writing competition, were also organized for young lovers of the sport.





# HOCKEY MADHYA BHARAT



Hockey Madhya Bharat displayed noble intentions on the occasion of Olympic Day as they distributed masks and sanitizers to its young players and officials, and to encourage safety of everyone amid the pandemic. A small lecture and discussion on the Olympic Games, the importance of Olympic values was also organized while following social distancing.





# HOCKEY MADHYA PRADESH



It was a day filled with various activities for Hockey Madhya Pradesh as their athletes were involved in a yoga activity, along with displaying some of the most iconic pictures of hockey moments at the Olympic Games. A detailed hockey seminar

was also conducted which talked about Indian hockey and Olympic Games, while art & craft competitions were also organized. Athletes were also seen creating videos on fitness and hockey skills, and also taking part in an essay-writing competition.





Amid difficult circumstances around the state due to the pandemic, Hockey Maharashtra showcased tremendous sportsmanship and courage in organizing a quiz, along with art and craft competitions for its young athletes and fans.



To mark the occasion of Olympic Day, athletes were also seen working out at their homes, and conducting a wellness programme which included an interactive session through video conferencing for the participants.





# HOCKEY MIZORAM



Hockey Mizoram's passionate efforts to celebrate Olympic Day saw them organize a very detailed discussion on live television where the panelists spoke about the importance of hockey, glorious Olympic moments where Indian Hockey Team brought laurels to the nation and players who have represented the country from Mizoram. A similar discussion was also held over WhatsApp for athletes, coaches and members of Hockey Mizoram.





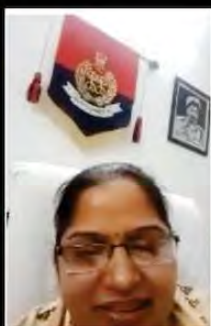


Hockey Punjab celebrated Olympic Day by organizing quiz, art and craft competitions for their young and enthusiastic participants from across the state. Apart from the competitions, an inspirational motivation lecture and a webinar for young athletes and coaches was also organized.

# HOCKEY PUNJAB



**Harleen kaur**  
Hockey Punjab





# HOCKEY RAJASTHAN

Hockey Rajasthan were seen actively participating in the Olympic Day Celebrations as they completed an essay-writing competition, along with art and craft competitions for hockey fans and athletes.



A wellness programme, along with work out from home videos were also shot by individual players from their homes, while quiz competition and a webinar on Olympic Day and the Olympic values were also organized.





# HOCKEY UNIT OF TAMIL NADU

Hockey Unit of Tamil Nadu went with innovation and adjustment as they conducted a thorough on line workshop for Goalkeepers where coaches imparted knowledge about the basics and technicalities of Goalkeeping. An art competition was also conducted for young students of the sport, along with players making videos from their home practicing hockey skills. Motivational video messages were also delivered to all the young students from the Olympians.





# HOCKEY UTTARAKHAND

Hockey Uttarakhand accompanied other Member Units in organizing Olympic Day activities as they conducted a special yoga session with young girl athletes, while respecting all social distancing guidelines. The players were also seen taking part in showcasing hockey skills, and also draw their favorite athletes as part of an art competition.





The 72<sup>nd</sup> Olympic Day was celebrated by Hubli Hockey Academy by providing an opportunity for its young and bright minds to compete in a quiz competition. The competition turned into a good knowledge sharing platform as it enlightened the participants of various Olympic moments in India's history.



# HUBLI HOCKEY ACADEMY (REGD.)



# KERALA HOCKEY



On the occasion of Olympic Day, Kerala Hockey celebrated the day by conducting a painting competition for young students and athletes around the state, who painted their favourite

moments and players. Along with the painting competition, a live chat session with a former Olympian, online photo and video competition was also organized.







The Khalsa Hockey Academy celebrated the Olympic Day by organizing art competitions for their young students, and also give a motivational speech to the attendees. The youngsters were also encouraged to submit their videos practicing their favourite hockey skills, and also writing essays on their favourite Olympic moments and Olympians.







To mark the glorious occasion of Olympic Day, Le Puducherry Hockey was seen conducting a quiz competition for its enthusiastic participants, along with art and craft competitions for young students. An essay writing competition was also organized for the participants.



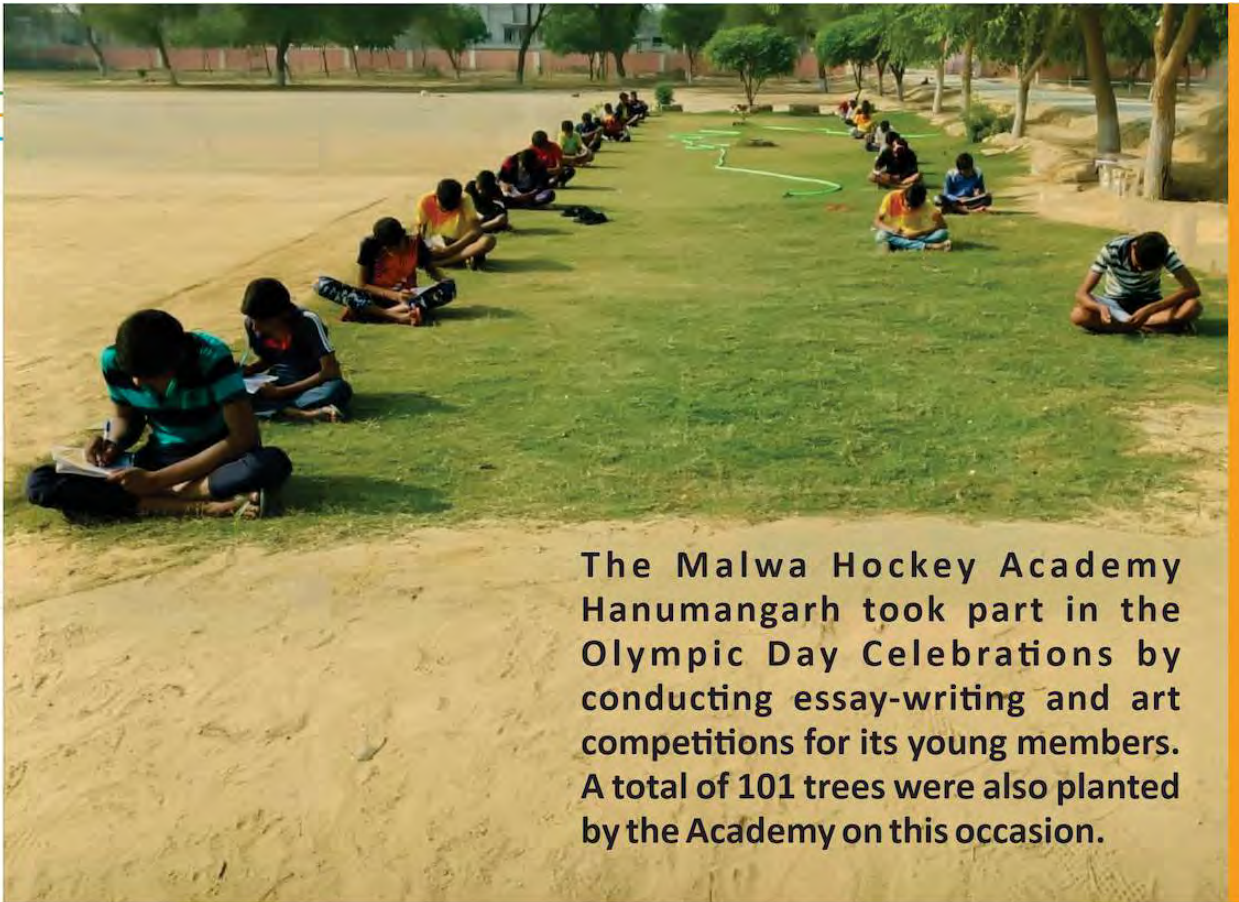




Madhya Pradesh Hockey Academy was seen organizing a very interesting and knowledgeable Olympic quiz for its young and aspiring players and coaches to mark the occasion of Olympic Day. The quiz provided great information about the past to the participants and made them aware of the Olympic values as well. They also indulged in motivational lectures. Participants also shared their hockey skills based videos.



# MALWA HOCKEY ACADEMY HANUMANGARH



The Malwa Hockey Academy Hanumangarh took part in the Olympic Day Celebrations by conducting essay-writing and art competitions for its young members. A total of 101 trees were also planted by the Academy on this occasion.





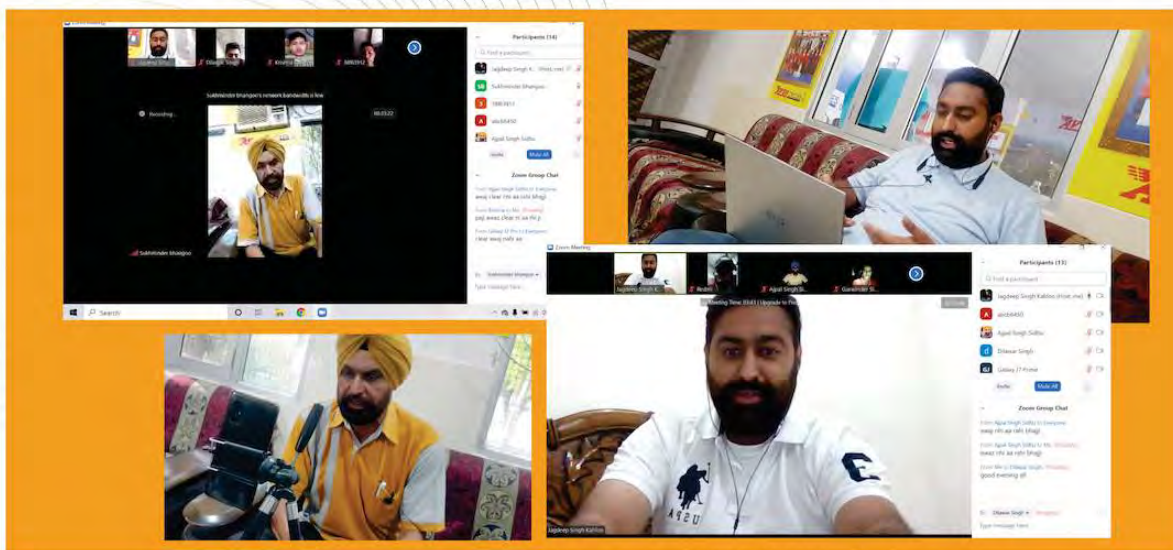


Manipur Hockey's participation in the Olympic Day Celebrations saw them organizing a full-fledged lecture on the history of Olympic Day and its values, and also conducted a demonstration activity for the athletes and coaches. Art and painting competition was also organized by the Member Unit as participants drew out their favourite Olympians and their memories. Protective masks were also distributed among the participants.





# MATA SAHIB KAUR HOCKEY ACADEMY JARKHAR - LUDHIANA



The Mata Sahib Kaur Hockey Academy Jarkhar, Ludhiana marked the Olympic Day by conducting online sessions with the academy's team members, which saw participation by former Olympians to give insightful

lectures to the young and aspiring players. An art competition was also organized for the younger players who took the task very positively and tried their best in re-creating iconic moments.





# MUMBAI SCHOOLS SPORTS ASSOCIATION

The Mumbai Schools Sports Association was seen conducting a host of activities which included an art and craft competition for the younger players and students, while also creating videos of hockey skills & drills and wellness programme which touched the lives of hundreds across the city. Young students were also seen taking part in an essay-writing competition.





Naval Tata Hockey Academy – Odisha hosted a webinar on the post COVID19 effect on sports in association with Sports Odisha which was supported by Hockey India. The webinar also saw some Team India members as part of the panel.



**R Vineel Krishna, IAS**  
Director-cum-Addl. Secy, DSYS,  
Govt. of Odisha



**Dr. Narinder Dhruv Batra**  
Member IOC,  
President - IOA and FIH



**Chanakya Chaudhary**  
VP, Corporate Services, Tata Steel  
Chairman - Hockey Ace Foundation



**Leander Paes**  
7-time Olympian and  
Multiple Grand Slam Winner



**Abhinav Bindra**  
World & Olympic Champion



**Floris Bovelander**  
Hockey Olympic Gold Medalist  
(Netherlands)



**Elena Norman**  
CEO,  
Hockey India



**Anju Bobby George**  
Olympian and  
IAAF World Champion



**Deep Dasgupta**  
Indian cricketer &  
Commentator

NTHA-Odisha also marked the occasion of Olympic Day by organizing a quiz competition for its academy members in Bhubaneswar, Odisha. The quiz competition saw the enthusiastic and keen participants also learn about the importance of Olympic values and the progression of the Olympic movement.





**OLYMPIC DAY**  
June 23

The Olympic is the gathering of the countries for games.  
To compete for medals and also for names.  
The Olympic is held after every four year.  
The countries are invited from far and near:

They assemble at a place of great safety,  
Honour for every one and never enmity.  
The competition goes on for fifteen days in a row,  
With opening and closing of the great show.

The Olympics are held fixed before time,  
Who try for the chance and live in line.  
They spend money thousands of crores,  
To organise the meet of the great roars.

Olympic is held for the promotion of the ideas,  
For the feeling of brotherhood in all the areas.  
The competitors feel joy when the games start,  
But they shed tears of love when they depart.

We learn a lesson from victory and a book from defeat.  
The players also know it as the lessons of the meet.  
But victory is victory and defeat is defeat,  
The players win the medals and fruits they eat.

The aim of the Olympic is to participate in the competition  
And win love and respect with excess of devotion.  
The aim of Olympic is not to get victory,  
But to win the heart of each and every

**R.L. Singh**  
Dirg. Secretary  
Oly. Vivek Singh Hockey Academy Varanasi, U.P.  
Mob: 9452892626



Olympian Vivek Singh Hockey Academy motivated its young athletes and players to stay safe and stay active at home, while also submitting their videos trying out different hockey skills and fitness routines.



# OLYMPIAN VIVEK SINGH HOCKEY ACADEMY





Raja Karan Hockey Academy marked the occasion of Olympic Day by conducting a competition on hockey skills and drills, which saw several of its players take part and impress by showcasing their favoured skills and moves on the field.





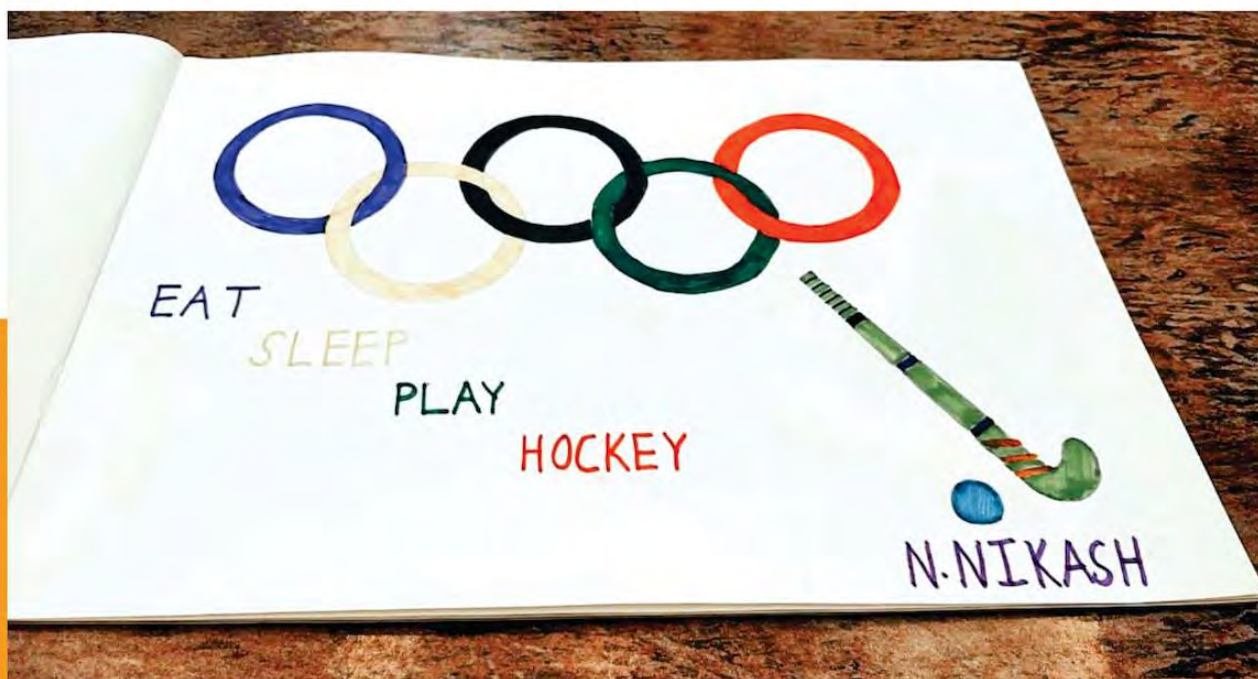


RV Academy girls' team celebrated Olympic Day Celebration-2020 in covid-19 pandemic lockdown period at Chennai. They showcased some amazing hockey skills & drills in the videos.





To mark the 72<sup>nd</sup> Olympic Day, SDT Hockey Nilgiris Academy encouraged the young participants to participate in an exciting art competition.





# TELANGANA HOCKEY



The 72<sup>nd</sup> Olympic Day saw Telangana Hockey also encourage their youth to talk about the sport and their favourite hockey moments at the Olympics by organizing an essay-writing competition for its youngsters. An art competition was also conducted which saw beautiful pictures being painted by the participants, while other players showcased their hockey skills in videos shot on their phones from home, and also take part in a wellness programme.





# UTTAR PRADESH HOCKEY

Uttar Pradesh Hockey's participation in this year's Olympic Day Celebrations saw the Member Unit from the north of India organize an essay writing competition for young students in school, and also conduct a quiz competition around the sport and the Olympic Games. A tree plantation drive was also conducted by Uttar Pradesh Hockey to help in safeguarding and preserving the environment.







## THE OFFICIAL APP OF HOCKEY INDIA (HI)

The official App of Hockey India gets you close to the action by providing direct access to latest news, schedules, results, photos and videos throughout the year.

Follow us to get easy access to scores, stats in addition to team and player information.

### MAIN FEATURES

- Latest News & Updates
- Fixtures & Results
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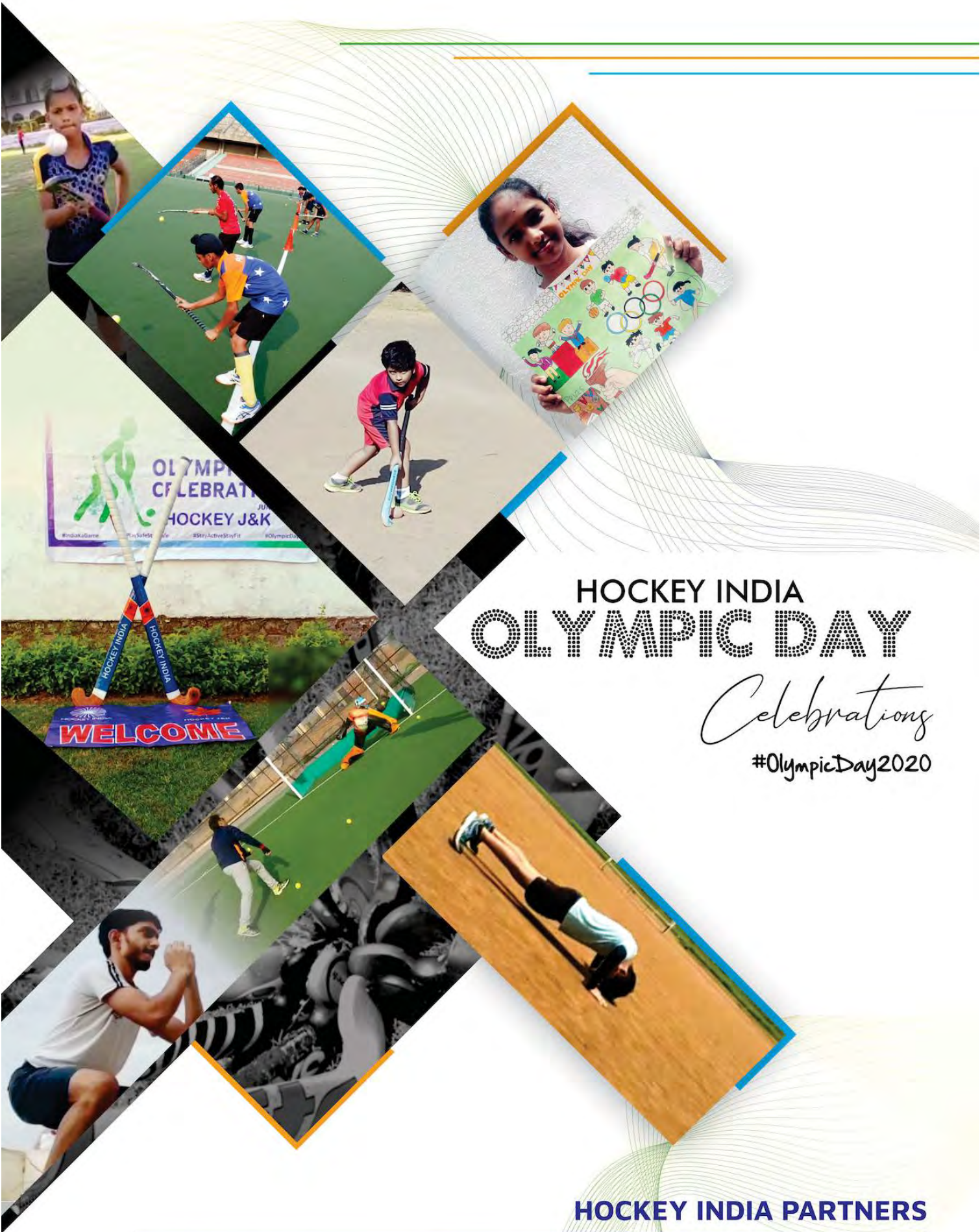
<http://goo.gl/XY5EHH>



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# HOCKEY INDIA OLYMPIC DAY

*Celebrations*

#OlympicDay2020

## HOCKEY INDIA PARTNERS

